



DIY Roofing Tips

7 Safety Tips DIY Flat Roofers Should Know

We offer a range of roofing and building solutions to tradesmen, stockists, and directly to consumers. Long term solutions to age old problems. Partnering with some of the biggest names in the industry, we have a long history of quality and excellence.



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7 Safety Tips for DIY Roofers



DIY roofers should never overlook the safety aspects of any home improvement project, whether it may be a simple shed re-roof or repointing the chimney stack.

A fall from domestic roofing is one of the most common accidents in the DIY sector and taking care when at height, even on a single storey, is critical.

Safety is a huge deal when it comes to DIY roofing. It is advisable not to work on any type of roof alone, even if you have a second person on the ground to keep an eye (and a foot) on any ladders.

There are a few simple rules one should follow when working on a flat roof surface.

We've put together a list of 7 tips we think you should take into consideration before you begin working. These are all covered in standard working at height regulations and are just a few of the basics that professional roofers all over Europe keep in mind every day.

Don't take any chances!

To find out more about Permaroof UK Ltd please visit the website at: <https://www.permarroof.co.uk>

Tip 1

Make sure ladders are in good condition



Ladders need to carry your weight and should be checked to make sure they can do so.

Check each rung - make sure there is no rot or woodworm present in any wood or cracks in metal rungs. Double-check the manufacturer guidelines to ensure they are of the right type and size for your project.

Consider hiring suitable ladders from a local builder supplier if you are unsure about the condition of your ladders or whether they are the right height.

View the HSE guidelines to using ladders safely at:
<https://www.hse.gov.uk/work-at-height/using-ladders-safely.htm>

Tip 2

Make sure ladders are on the ground and footed by another person

Having a second person present to keep the ladders steady is a good idea.

Do not attempt to rest ladders on another object to deliver additional height if they are not long enough to reach the required height safely.

Ladders can be easily and reasonably hired from local DIY stores or builder's merchants trade counter.

Tip 3

If you are taking medication check with your Doctor before roofing

Some types of medication can interfere with one's sense of balance. Do not carry out DIY roofing until your Doctor gives you the go-ahead.

This can also be true of non-prescription drugs, such as sea sickness tablets or anti-allergy treatments. Never drink alcohol while working at height.

Tip 4

Realise your limits

Working at height is not for everyone. Make sure you are confident before attempting to work on a roof.

If you are nervous by the time you reach the top of the ladder, remember that you will have to carry out essential tasks while atop the roof.



Confidence is essential, so if in doubt of your abilities, consider engaging a professional and do not take the chance.

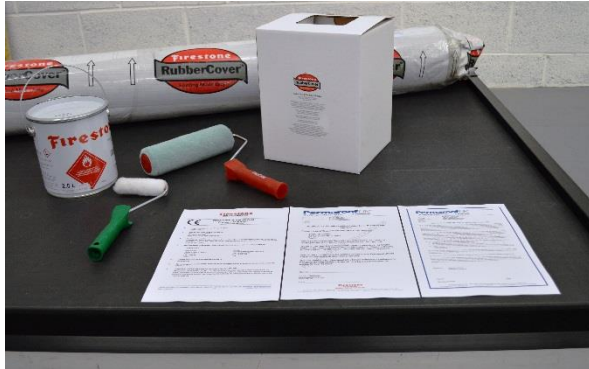
Never take risks on the roof if your confidence is not at full capacity. Permaroof can help you to find a reliable roofer to install your EPDM flat roof.

Find out more about our free service for homeowners at: permaroof.co.uk/local-installer

Permaroof also run accredited EPDM installation training courses at our headquarters in Derby. Find out more about one-day training for DIY homeowners at: permaroof.co.uk/roofing-training-courses

Tip 5

Choose materials suitable for DIY roofing



DIY roofers can make life easier and safer by selecting easy-to-install materials in the right quantities with minimum fuss, such as an EPDM flat roof kit.

EPDM flat roof kits are available for sheds, garages, green roofing and domestic flat roof extension projects.

Find out more about EPDM flat roof kits at: permagroof.co.uk/diy-rubber-roof-kits or buy yours now in the online store at: permagroofstore.co.uk/roof-kits.html

Tip 6

Check the roof deck for damage before you work

It is important to carry out a visual inspection of the roof to identify possible areas of damage before putting any weight on it. Check both the roof deck from the top of a ladder or from a nearby upstairs window, and the inside of the structure.

If you are unsure or think the roof may have vulnerabilities that will need repair, call in a professional roofer or building surveyor to check the roof deck structure.

It makes sense to carry out all strengthening, or roof repair works before installing a new membrane or roofing system.

This is essential if you are considering a green roof project, as the additional weight must be calculated against the integrity of the existing roof deck.

Find out more about green roofing at: permagroof.co.uk/green-roofs

Tip 7

Always wear suitable protective clothing

When working at height, DIY roofers should always take the advice of the professionals and wear protective clothing.

Wear a hard hat as standard and choose footwear that fits well and has good quality, non-slip soles.



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